



Goondiwindi State High School

DETAILS OF EDUCATIONAL EXCURSION PARENT INFORMATION

(RETAIN THIS PAGE FOR YOUR INFORMATION)

Proposed Itinerary of Year 7 Camp

(Subject to change by Emu Gully staff due to group needs, inclement weather or other time constraints)

Day 1	Day 2	Day 3
<p>Depart GSHS 6.30am Arrive Emu Gully Arrival/Welcome/Safety Brief Set goals for lunch</p> <p>Lunch 12.30pm</p> <p><u>Introductory Activities:</u> Chicken Leadership The Charge Hoop</p> <p><u>Team Building Activities:</u> Swinging Log Commando Cable Crossing Escape from Colditz</p> <p>Dinner 6pm</p> <p>*Own program Evening program to be run and supervised by group staff</p> <p>Supper provided</p>	<p>Breakfast 7.30am</p> <p>8.30am reflections with Emu Gully staff</p> <p><u>Core Activities</u> Bridge over the River Kwai Siege of Tobruk Western Front</p> <p>Lunch 1pm</p> <p>Mid camp brief with group staff</p> <p><u>Activities</u> Tunnel rats of Vietnam Kokoda track Swim brief and swim</p> <p>Dinner 6pm Night activities run by Emu Gully Staff</p> <p>Supper provided</p>	<p>Breakfast 7.30am</p> <p>Reflections with Emu Gully staff Pack up and cleaning</p> <p><u>Addition activities</u> Storm the fort</p> <p>Lunch 12.00pm</p> <p>Final brief and departure approx. 1pm</p> <p><i>*The times of arrival and departure are dependant on individual group needs, and the program is adjusted around these times, the group goals and size.</i></p>

What to bring

Please bring...	Please don't bring...
<ul style="list-style-type: none"> • Pillow and bedding (Sleeping bag/blankets/single bed sheet if preferred) • Multiple changes of old clothes (including long pants and warm jacket) • Walking shoes (2 pairs if possible as one may get wet) • Swimmers (one-piece, rash/sun shirt and board shorts) • Towel • Hat • Torch, pen and paper, watch (if you have one) • Drink bottle • Personal toiletries • Insect repellent • Plastic bags for wet and/or dirty clothes • Thongs to wear in shower 	<ul style="list-style-type: none"> • Mobile phones • iPods • iPads • Chewing gum • No aerosols – roll-on, pump or gel instead

Important notes:

- Students must wear sun smart clothing – no singlets
- Asthmatics using puffers must keep it with them at all times
- Please advise of any dietary special dietary requirements

Please advise of any non-swimmers – this must be forwarded onto Emu Gully staff so that they can provide life jackets for activities