



CAFE@HIGH 2025

smart Food and drink
SPECTRUM

Sandwiches/Wraps

Chicken Lettuce & Mayo	\$5.00
Ham Cheese Pickles	\$4.50
Chicken/Ham & Salad	\$7.00
Caesar Wrap	\$6.00
Egg & Lettuce	\$4.50
(Extra \$1 for Rolls)	

Drinks

Bottled Water	From \$2.00
Flavoured Milk 350ml	\$3.50
Flavoured Milk 500ml	\$5.00
Iced Tea 500ml	\$4.00
Orchy Juices 375ml	\$3.50
Orchy Juices 500ml	\$5.00

Toasted Sandwiches /Wraps

Ham & Cheese	\$4.00
Chicken Cheese & Bacon	\$4.50
Cheese Toastie	\$2.50

Bowls Salad

Chicken Or Ham and Salad	\$7.00
Chicken Caesar Salad	\$7.00
Bowls of Salad	\$7.00

Hot Food

Pie	\$4.50
Sausage Roll	\$4.50
Cheese Burgers	\$6.00
Sweet Chilli Chicken Wrap	\$4.50
Chicken Chippees	\$3.00
Crumbed Chicken Burger with Lettuce and Mayo	\$6.00
Chicken Parmy Burger	\$6.50
House Made Pizza	\$3.50
Hamburger with salad & BBQ Sc	\$8.00
Quesadilla (Toasted Mexican Wrap)	\$5.00
Southern Tender Torp	\$6.00

Ice-Creams

Calippo/Icy Twist/Vanilla Ice Cream Cup	\$1.50
Frozen Yoghurt	\$2.50
Zooper Dooper	.50
Golden Gaytime	\$4.50
Paddle Pop	\$2.50
Splice	\$3.50
Salted Caramel/Choc a Lot Cups	\$2.00

Snacks

Muffins	\$2.50
Iced Finger Buns	\$3.00
Chips	\$1.50
Apple/Orange/Banana	\$1.50
Fruit Salad	\$3.50
Cheese & Crackers	\$2.50

+ A Daily Selection of Cakes and Biscuits

House Made

Chicken Carbonara	\$5.00
Bolognese	\$5.00
Fried Rice with Chicken	\$5.00
Chicken Korma	\$5.00

POP UP MENU SPECIALS EVERY WEEK

Breakfast Menu—From 7.45am

Toasted Bacon, Egg & Relish Wrap	\$5.00
Bacon & Egg Burger	\$4.00

Gluten Free Bread available
Breakfast Menu available from 7.45am

